

# e-TEACH Newsletter ...planting the seeds of education

## What's new with TEACH?

- September Education Grand Rounds: Join us in person (or virtually) for an exciting Education Grand Rounds presentation on "Well-being & Mindfulness for the Health Professions Educator!" Dr. Carter Lebares (UCSF), a national expert on this subject manner, will be facilitating three repeat sessions on September 13 & 14. Click here to register for in-person participation (see calendar for Zoom participation links).
- 2022 TEACH Education Day: TEACH Education Day (featuring the first Inaugural Richard C. Vari, PhD Endowed Lecture) is just around the corner and filled with exciting events full of learning and celebration! To learn more about how to attend all of the upcoming Education Day events on October 27, click here.

## Upcoming Events: Join Us!

(See calendar invitations for Zoom & other participation details!)

### September 2022



- Tuesday, September 13 (5:00 pm 6:00 pm) & Wednesday, September 14 (7:00 pm - 8:00 am & 12:00 pm - 1:00 pm): Education Grand Rounds - "Well-being & Mindfulness for the Health Professions Educator" with Carter Lebares, MD (Associate Professor of Surgery, Division of General Surgery; Director, UCSF Center for Mindfulness in Surgery)
- Monday, September 26, 2022, 12:00 pm 1:00 pm: Health Professions Educator Series - "Teaching Diverse Learners" with Michele Deramo, PhD

### **October 2022**

- Monday, October 24, 12:00 pm 1:00 pm: Health Professions Educator Series: Health Systems Science Open Forum: "Student Wellbeing and Stress" with David Musick, PhD, and Tracey Criss, MD
- Thursday, October 27: 2022 TEACH Education Day -12:00 pm - 1:00 pm - The Inaugural Richard C. Vari, PhD Endowed Lecture: "What Does Physiology Teach Us About Assessment and Evaluation?" with Louis Pangaro, MD, MACP (Professor of Medicine, Department of Medicine, Uniformed Services University School of Medicine)

5:00 pm - Education Day Posters, Recognition, and Awards Reception

# **Recognition & Rewards: Congratulate** PERK winners, encourage new TEACH colleagues, and Spill the TEA!

• **PERKS Winner:** Please join us in congratulating Helena Carvalho, PhD for winning the April -June 2022 quarterly TEACH Perks Award! The Perks Award is presented each quarter to the



TEACH member(s) who attended the most OCPD and/or TEACH sessions. Winners are awarded a coffee gift card. If you are looking for stimulating faculty development and the opportunity to win an extra caffeine boost, join us for as many TEACH sessions as you can!

• **TEACH Educator Appreciation (TEA):** The TEACH Educator Appreciation (TEA) program was developed to allow peers and learners to send notes of appreciation and thanks to faculty members who have impacted their education, careers, and lives. TEA messages help to express our appreciation for our teachers throughout the organization. Click here to submit a TEA message today! Please contact Mariah Rudd if you have questions about the TEA program.

# **Diversity, Equity, and Inclusion Faculty**

## **Development**

In partnership with the Diversity, Equity & Inclusion (DEI) team at VTCSOM, we are now sharing information on resources and upcoming opportunities related to DEI faculty



development. These resources and activities will serve to support efforts related to DEI and our teaching practices. To see a list of upcoming DEI opportunities, check out the VTCSOM DEI Events Page.

• The Color of Care Free Virtual Panel Discussion: The AAMC is hosting a free virtual event on Wednesday, Semptember 7 at 12:00 pm – 1:00 pm to explore how the academic medicine community is working to address and eradicate systemic racism in health care. The discussion will be moderated by Malika Fair, MD, MPH, AAMC senior director of equity and social accountability, and will include Nahae Kim, MPH, a medical student at Chicago Medical School, as well as individuals featured in the documentary The Color of Care: Ala Stanford, MD, Hetty Cunningham, MD, and Keith Gambrell. The film chronicles how people of color suffer from systemically substandard health care in the United States, and participants will have free access to the full film for two weeks prior to the event (further details will be provided upon registration). The discussion will focus on lessons learned from the film and how medical education is changing and can continue to improve. Advance registration is required, and space is limited, so register now here. For more information on integrating film into your teaching and learning practices, see this <u>Getting Started Guide</u> from the AAMC.

### **Educator Resources:**

 AAMC GFA Town Hall - Leading in a Hybrid Environment: The Group on Faculty Affairs is hosting a webinar discussion and forum on Thursday, October 13 from 12:00 pm - 1:15 pm, for faculty to share lived experiences, personal views, challenges, and best practices to the recent trends of working and leading in a hybrid environment. Themes include: leading faculty recruitment, leading and managing staff, leading and managing faculty development activities, and



uplifting and leading culture and morale. Click here to register. AAMC Transforming Conflict into Collaboration Workshop: No matter how you try to avoid it, conflict in the workplace is inevitable, and in emotionally charged times it can escalate quickly. When differing ideas, perceptions, and priorities lead to conflict with others, how you respond can affect whether the experience is ultimately positive or negative. Click here to register (the registration fee is \$375) for the Transforming Conflict into Collaboration Virtual Workshop and discover practical strategies for making difficult conversations more productive and for creating a respectful environment in which to resolve conflict. Due to high demand, this workshop is being offered on October 25, October 27, December 13, and December 15 from 1:00 pm - 2:45 pm. Workshops are limited to 40 participants to provide an intimate and interactive experience for our attendees. Act now to secure a spot before they're gone!

• Learn more about Facilitating Small Group Learning: Research has shown that small group learning is an effective module for continuing education—it promotes a collaborative environment for learners to develop

skills in problem-solving, team building, decision-making, and critical thinking. Looking for guidance and tips to facilitate small group learning in your work? Explore case scenarios, implementation guidelines, and key considerations on page 46 of the ACCME CE Educator's Toolkit.

- AAMC's 10-school pilot summary report, "Core Entrustable Professional Activities for Entering Residency: Summary of the 10-School Pilot, 2014-2021", is now available (free) for download in the AAMC Store.
- Register now for discussion forums on foundational competencies for undergraduate medical education: The AAMC, the American Association of Colleges of Osteopathic Medicine (AACOM), and the Accreditation Council for Graduate Medical Education (ACGME) are launching an initiative to create a common set of foundational competencies for use in undergraduate medical education programs in the United States. This initiative aligns with recommendations outlined in the Undergraduate Medical Education-Graduate Medical Education Review Committee (UGRC) report and is part of a comprehensive effort by all three organizations to improve the transition to residency. The initiative will engage educators, students, residents, faculty, and the public, beginning with a series of discussion forums from across medical education to collect input for the project team. Discussion forums are scheduled across four dates in August and September. Participants are encouraged to register early as space is limited. Click here to register.
- Upcoming Fall 2022 AAMC Medical Education Webinar Series: Webinars are being convened in September, October, and November. Each webinar will take place on Wednesdays from 12:00 pm - 1:15 pm.

#### September 14: Technique over Recipe: Using Guiding Principles to Inform Well-

#### **Being Interventions**

Well-Being interventions and programming for medical students and residents have expanded significantly in recent years. Concern exists, however, that these initiatives may not be leading to significant improvements in student and resident mental health. It is tempting for those engaged in designing and implementing well-being programming to rely on curricula or seek specific toolkits that can be plugged into their program, but an alternative approach may be helpful. Rather than looking for "recipes" for well-being programming, it may be beneficial to instead use key techniques or guiding principles to inform this work. In this session, the presenters will provide an overview of guiding principles in three well-being and mental health domains: systemsbased assessment and interventions, individual-focused assessment and interventions, and mental health services and resources. After these presentations, participants will have the opportunity to discuss these principles and implications for the development and enhancement of wellbeing interventions in their own institution, department, or program. Click here to register.

#### September 21: Suicide Prevention: Best Practices in Continuous Quality Improvement in UME and GME

Trainee suicide is a top concern in UME and GME. In this interactive session, we discuss practical ways of identifying trainees in early stages of distress in order to provide early intervention and prevent tragedy. We focus on the powerful preventative benefits of conducting weekly proactive individual wellness check-ins, offering instant referrals as needed, and aggregating response data to inform a school-wide wellness dashboard, using off-theshelf tools such as Early Alert (http://EarlyAlert.me/med). Click here to register.

# Educator Opportunities: Submit a grant, create an abstract, or register to attend!

 Call for Proposals now open for the VT **Conference on Higher Education Pedagogy:** Proposals are sought for sessions focused on effective instructional practices and research aimed at improving the quality of teaching and learning in higher education. Three types of



conference sessions are offered: Practice Sessions, Research Sessions, and Poster Sessions. Proposals are due by Friday, September 30, 2022 at 11:59 **pm.** Click here to submit an abstract or learn more about proposal types here.

- Call for Submissions on "The New Normal:" Reflective MedEd, an online publication dedicated to reflection and care of the person in medicine, seeks submissions that reflect upon elucidating the "New Normal" in medical education and medicine. Since the onset of the COVID19 pandemic, medical education and the practice of medicine feel different and in some ways are now different. We invite authors to reflect on their experiences to provide insight into any aspect of this evolution that they find compelling. Submissions should follow Reflective MedEd's typical conventions outlined in Instructions for Authors. Send all inquiries and manuscripts to Mark Kuczewski, PhD.
- Call for SGEA Medical Education Scholarship and Research and Evaluation (MESRE) Proposals: Medical educators from all SGEA member institutions are eligible to submit a proposal. Proposals will be evaluated on the following criteria: collaboration across SGEA, clarity of goals, relevance to literature, the inclusion of conceptual framework, appropriateness of methodology, plan for dissemination, and impact on medical education. The submission deadline is October 17 at 8:00 am. Click here to learn more. If you are interested in serving as a reviewer in this process, please contact AJ Kleinheksel.
- Register for MedBiquitous 2022: If you are a health professions educator, technology innovator, or data enthusiast, then plan to attend MedBiquitous 2022, the two-day in-person meeting that will enable you to problem-solve with peers and colleagues on data technology and credentialing topics. The meeting takes place October 17-19 at the AAMC Learning Center in Washington, D.C., and it features a comprehensive and engaging program with general sessions, workshops, digital demonstrations, and robust discussions on how to use data to drive improved education and clinical healthcare outcomes. Click here to register.
- Submit an abstract for the International Conference on the Future of Health Professions Education: The University of Miami is excited to host the International Conference on the Future of Health Professions Education (ICFHPE) on November 2-4 in Coral Gables, Florida. You are cordially invited to attend this hybrid conference and submit an abstract for our poster presentation sessions. The call for abstracts closes Tuesday, September 6. For more information, please click here.
- Save the Date for the GDI and GFA Joint Professional Development Conference: The 2023 AAMC Group on Diversity and Inclusion (GDI) and Group on Faculty Affairs (GFA) Joint Professional Development Conference will be held June 12 - 14, 2023, at the Renaissance Esmeralda Resort and Spa in Indian Wells, CA. The in-person event is an opportunity for leaders in diversity, equity, and inclusion, faculty affairs, and faculty development to engage in candid and productive discussions about timely issues affecting faculty, graduate learners, administrators, and professional staff in academic medicine and science. For more information on this event and other upcoming AAMC professional development opportunities, follow @AAMCProfDev on Twitter and LinkedIn.

Not a Member Yet? Enroll in TEACH Now! Click here for the TEACH membership application.

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