

T-MAP Mentoring Agreement

Mentoring is a voluntary relationship whose purpose is to foster learning and growth in a variety of arenas for each involved. It is helpful in the development of a mentoring relationship to have mutually agreed upon and clear expectations.

1. Participation in the T-MAP Mentoring program is a commitment that can be broken at any time by any party if the relationship is not working. If problems arise, please contact Dr. Shari Whicker (sawhicker@carilionclinic.org) OR Dr. David Musick (dwmusick@vt.edu).
2. We agree to attend in-person T-MAP meetings, connect with our mentoring circle during designated months, and complete self-guided session modules. All members of the mentoring circle are responsible for working together to designate a time for meeting outside of the pre-scheduled quarterly T-MAP meetings. *Please see the calendar below.*
3. This is a confidential relationship in that the mentor(s) will not discuss the mentee's personal issues with others (or vice versa), unless agreed upon by both that sharing of information with a third party would be beneficial.
4. Prior to the first meeting, the mentee(s) will prepare a "mentee worksheet" which can be used in goal-setting. The mentor(s) will provide comments and guide the discussion of strategic approaches to reach goals.

We will do our best to develop our mentoring circle relationships through honest conversation, to guide and receive feedback, to develop goals and to foster knowledge and skills to reach the goals.

Mentor: _____

Mentor: _____

Mentee: _____

Mentee: _____

Mentee: _____

Mentee: _____

Mentee: _____

Mentee: _____

Date: _____

<u>Activity</u>	<u>Duration & Medium</u>	<u>Proposed Dates</u>
Pre-recorded preparatory modules Mentor: https://app.7taps.com/G08kTRGOSg Mentee: https://app.7taps.com/vg2JtpgaIQ	1-2 Hours, Virtual	Independent
Kickoff Celebration Event	2 - 2 ½ hours, In Person	9/21/2022, 5:00 - 7:00 pm; meet with circle for 1st time
Self-guided Learning Modules	1 Hour, Virtual	Independent
Quarterly full T-MAP group meetings with content delivery - <i>Promotion Process and Career Advancement</i>	2 Hours, In Person	11/16/2022, 2:00 - 4:00 pm
Circle Meeting	1 Hour, In-Person or virtual	Circle Schedules
Self-guided Learning Modules	1 Hour, Virtual	Independent
Quarterly full T-MAP group meetings with content delivery - <i>Research and Scholarship</i>	2 Hours, In Person	2/15/2023, 5:00 - 7:00 pm
Circle Meeting	1 Hour, In-Person or virtual	Circle Schedules
Self-guided Learning Modules	1 Hour, Virtual	Independent
Quarterly full T-MAP group meetings with content delivery - <i>Leadership Development</i>	2 Hours, In Person	5/17/2023, 2:00 - 4:00 pm
Circle Meeting	1 Hour, In-Person or virtual	Circle Schedules
Self-guided Learning Modules	1 Hour, Virtual	Independent
Quarterly full T-MAP group meetings with content delivery - <i>Work-life Integration/time management</i>	2 Hours, In Person	8/16/2023, 5:00 - 7:00 pm
Concluding Celebration Event	2 - 2 ½ hours, In Person	9/20/2023, 2:00 - 4:00 pm

