We are taught to appreciate the importance of the information we get from simply talking to our patients. We learn that one size does not fit all. Awareness of the emphasis shifts in history taking that occur depending on the specialty or the diagnosis and long-term management of my patient.

One of the first and most important skills we learn as clinicians is history taking. We are first presented with a framework to help us practice, develop, and subsequently (hopefully) continue to evolve as medicine continues to change. We begin to look at different populations, and providers, related to the social needs and concerns they have, or to how they think and possible course of what could happen to our patients. We learn the importance of asking questions about the cultural, social, or economic background that may guide our exploration of the patient's medical history. We also learn to develop a historical context in the course of an examination that may be dealing with issues related to the patient's cultural, social, or economic background.

The reluctance to discuss certain issues is not just on the clinician's part. After all we are all human and many of us tend to be fearful or uncomfortable discussing certain issues. Learning to look back at what has happened before with openness and curiosity may help us to be more open to discussing these issues. We may think that how things are now is how they have always been. This is not necessarily true. We may think that how we address certain issues today is how they have always been addressed. This is not necessarily true.

Chief Seattle - Duwamish

We need to move forward. We need to learn from our past. We need to look back at what has happened and see how we can improve. All things are bound together. All things connect.

Past/Present/Future

Bankole devotes this month to the significance of patient histories.


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Want to learn more about how to incorporate Retrieval Practice and Spaced Practice into your class time.

Redistribute class time in ways that incorporate spaced practice within the allotted course time. Remind learners that spaced practice can be difficult and it may seem that what they have learned is not sticking. Use learning management tools to build in spaced retrieval reminders, activities, and assignments in the curriculum. Redistribute class time to include opportunities for learners to perform tasks that will require retrieval of previously learned material to newly acquired learning. Use learning management tools to build in spaced retrieval reminders, activities, and assignments in the curriculum. Redistribute class time to include opportunities for learners to perform tasks that will require retrieval of previously learned material to newly acquired learning.

Intermittent quizzes (but remember to provide focused feedback after each quiz, inter-test intervals, or spacing of tests, according to research that demonstrates that retrieval practice - whether it is spaced practice, in which learners are prompted to recall what they have learned at regular intervals over time, or multiple retrieval practice sessions. Spaced practice lends itself to applying knowledge in different contexts and environments, and results in learning that is long lasting and more durable over time. While retrieval practice can result in maximized learning effect. By spacing out knowledge recall, the learner has the opportunity to focus on the information that was previously learned. This can result in long-term retention of the information and increased understanding and application of the material. This can lead to improved performance and success in the future.

As an educator, there are ways to incorporate and encourage learners to apply retrieval practice.

Retrieval Practice and Spaced Practice – What are they and how can the educator use them?

While this technique may at first feel laborious for learners, research has shown that retrieval practice strengthens long-term knowledge creation by promoting deeper learning and better rote memorization. By actively recalling information, learners are able to better understand the material and retain it in long-term memory. Retrieval practice also helps to consolidate new information by strengthening the connections between new and previously learned material.

In most of the cases, retrieval practice is not difficult to implement. It may seem that what has been learned is not sticking. By using retrieval practice, learners are able to better understand the material and retain it in long-term memory. Retrieval practice also helps to consolidate new information by strengthening the connections between new and previously learned material.

Retrieval practice is a powerful technique that can significantly improve long-term retention of information. By actively recalling information, learners are able to better understand the material and retain it in long-term memory. Retrieval practice also helps to consolidate new information by strengthening the connections between new and previously learned material.

Dean's Corner

Dear Classmates!

Dear Dean's Corner:

Dean Luis E. Rosales focuses on the principles of Health Systems Science. The discipline encompasses the creation, refinement, and application of methods and tools for analyzing and optimizing the performance and outcomes of health and health care systems. This may include patient safety, quality improvement, population health, and system performance.

I like to think that it is just as important for us to know what has happened in the past, social, cultural, political, and economic context of a patient's illness, as it is to think about their current and future medical needs. It is important to consider the patient's life story, and how it may have influenced their current health status. This can help us to better understand their medical history and make more informed decisions.

I encourage all of you to continue to think about the past, the present, and the future, and how they all connect. All things are bound together. Let's learn from our past, and use this knowledge to improve the future.