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This month I expanded my knowledge on the concept of fixed and growth mindsets by listening to the podcast "Mindset: The New Psychology of Success" by Carol Dweck. Mindsets are beliefs about the malleability of our abilities and attributes, and can impact teaching, learning, and assessment practices. The podcast explores how clinical supervisors understand components of medical education and how these mindsets influence their approach to teaching and assessment.

Did the summary above entice you to learn more about mindsets by listening to the podcast or reading the article, "Teachers' mindsets in medical education: A pilot survey of clinical supervisors" (Pal et al., 2020)? This study explored how clinical supervisors understand components of medical education and how these mindsets influence their approach to teaching and assessment.


References:

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Do you have what you have or have what you learn?

The concept of fixed vs. growth mindsets has been widely studied in education and psychology, with implications for teaching and learning. In this podcast, the co-hosts discuss the importance of understanding and fostering a growth mindset in medical education. They highlight the impact of mindsets on teaching and assessment within medical education, and the potential for educators to influence learners' mindsets to promote growth and development.

(Pal et al., 2020) identified that clinical supervisors tend to view affective attributes as fixed and to create validity evidence for their two components within various competencies and associated attributes. However, the authors also noted that educators need to consider how learners are impacted by their mindsets, as they may influence teaching and assessment practices.

This study explores how clinical supervisors understand components of medical education and how these mindsets can impact teaching and assessment practices. The authors concluded that further research is needed to investigate the impact of mindsets on teaching and assessment within medical education.

Podcasts can be useful for professional development and for integrating into our teaching practice. They can provide a component of storytelling to our learning experience and accommodate various learning styles. In this month's podcast, we discuss the concept of fixed and growth mindsets and how they might encourage your growth as an educator, or developing your own for a future publication. Consider integrating a high-quality podcast into your teaching, discovering one that might capture your interest or resonate with your audience.

“Do you have what you have or have what you learn?”

This quote by Carol Dweck emphasizes the importance of understanding and fostering a growth mindset in medical education. The co-hosts encourage educators to consider how learners' mindsets can impact teaching and assessment practices, and to provide a component of storytelling to our learning experience.

“Do you have what you have or have what you learn?”

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